

Iyengar Yoga Workshops with Judith Jones

Saturdays : 11 - 2 Cost : £25

2018

12th May: The Life Centre at Orchard Cottage, Bath Road, Midgham, RG7 5UU

29th Sept: The Life Centre

10th Nov: The Life Centre

8th Dec: The Life Centre

Advance booking essential contact Judith.

01488 71838 email : judithjonesyoga@virginmedia.com website : www.judithjonesyoga.co.uk

Intermediate Level Training for Teachers

Tuesdays : 11 .45 – 2.15

2018:

May 15: Sept 18: Oct 9: Nov 6: Dec 4

For more information contact Judith judithjonesyoga@virginmedia.com

Booking Form for Saturday Intermediate Class(es)

Name.....

Email (*if I don't have it already*).....

Phone (*ditto*).....

I enclose payment of : £..... 12 May: 29 Sept: 10 Nov: 8 Dec
(delete as necessary)

Please make cheques payable to Judith Jones (can be post dated)

Send to : 17 Baydon Road, Lambourn, Hungerford RG17 8NT